

Annual Newsletter



Mental Health Counseling & Wellness Page 6

Hunger & Food Insecurity Page 7

BE TO BE SHE SHE

2022 Newsletter | CCOFPC.ORG | facebook.com/christiancenterofparkcity

The year ahead

As I look ahead towards 2023, I see us focusing on at least three key things.

BEYOND THE BASICS

First, we do not want to just grow bigger, we want to grow better. Perfecting the basics refers to our efforts towards improving our internal structures, processes, policies, and communications.

IN THE COMMUNITY

Second, we will be focused on continuing to uncover the current gaps of need that remain in our community, especially needs that are connected to food insecurity/hunger issues, basic needs, and mental health counseling needs.

NEW SPACES

Third, we have outgrown our current campuses in both Park City and Heber and are actively searching for another campus that will provide us the space to expand our services and stores.



MESSAGE FROM THE EXECUTIVE DIRECTOR

Meeting Needs, One Life At A Time



This September during our Hike for Hunger weekend, our team took a group of our Goshute friends biking thanks to the generosity of Switchback Sports, who donated the bike rentals. Layton, pictured here with volunteers, was excited but nervous because this would be her first time riding a bike without training wheels.

With the help of volunteers Steve and his son Timmy, and her dad, she was up and riding without any training wheels in no time. Layton did have one fall

which ended in a scraped hand and some tears - a typical "rite of passage" for a new biker. Just a week later, our donation receiving team found a bike and pink helmet for Layton and were able to coincide this gift with a mobile pantry visit to the reservation on her birthday! Layton had a blast on her first real bike ride and the experience of seeing her succeed right before our eyes was one of those "firsts" that we will never forget.

One of the true privileges of what we get to do here at CCPC, is to experience a lot of "firsts". The first time a child has received a brand-new winter coat. The first time a family can afford back to school clothes. The first time a couple has enough food for their whole family. However, we also serve people who are experiencing a not-so-exciting "first". Like the first time a family has to decide between getting food for their kids or paying the heating bill. The first time a single mom has worried that she cannot pay the mortgage. The first time someone has needed to connect with one of our counselors because of a personal crisis.

Thanks to you and your amazingly generous support, our team is here for both the positive "firsts", and the more difficult "firsts".

THANK YOU for partnering with us! Together, we are making a real difference in people's lives, as we seek to meet people at their point of need, as an expression of God's love.

Grateful,



Dr. Rob Harter **Executive Director** CCPC rob@ccofpc.org



Award Winning Stores

Basic Needs Assistance

From January 2022 through July 2022 our stores and donation receiving teams:

- Received donations from 15,000 donors in our Park City drop-off area
- Completed 53,500 transactions in our three stores
- Collected 7,670 financial donations at our three stores' cash registers
- Funded 37% of CCPC's program expenses through sales of donated items
- Once again our stores were recognized in "Park City's Best Awards" as one of the top 3 Resale/Consignment Stores!



Get to know our teams!





HOW DO WE HELP THE UNSHELTERED?

Through our Basic Needs Assistance (BNA) program we will pay for a hotel stay and in addition to this, through a partnership with the Interfaith Council and the Park City MARC, we provide unsheltered individuals with a gas voucher, 2 shower vouchers, a hygiene kit, a meal voucher, and other living essentials. These resources are distributed according to an individual's need, and help provide shelter from the elements, the feeling of dignity that comes from being clean and housed, and a reprieve from their physical circumstances.

This year we have expanded our Basic Needs Assistance team. We have hired a BNA Data Coordinator whose role is to track homelessness across Summit and Wasatch Counties, network with other area providers to find gaps in service and share resources, and find funding sources that will allow CCPC and other providers to help make homelessness rare, brief, and non-recurring. This position is made possible through funding from the Department of Workforce Services.

GETTING TO KNOW THE UNSHELTERED AND HOMELESS IN OUR COMMUNITY

Through our work with unsheltered and homeless people, we seek to erase the stigma surrounding the issue of homelessness that says that these individuals are substance abusers. We know that many of the unsheltered have been members of our community who have lost their jobs, homes, healthcare, and ability to pay for basic needs like food, clothing, and medication. They are of all ethnicities and races, every age, every sex and gender; individuals and families; many are educated, successful, and have owned homes and businesses.

147 rental assistance payments made totaling roughly **\$90k** (Q4 2021 through Q3 2022 with an average of 40 applications each month)

We have served 37 unsheltered/without housing (people in cars, those who have been displaced by eviction/termination of stay (ie. Peace House), those living on the street)



*reporting timeframe reflects October 1, 2021 through September 30, 2022

Mental Health Counseling and Wellness Services

"As a mother, wife, and leader at my institution, I find I'm often the one needing to fill others up. I feel incredibly blessed to be able to be able to unplug and seek refuge at CCPC to process, heal, and be filled so I can be the source of love and support I aim to be for the many who I serve.

CCPC was there for me when I was at my lowest of lows. In the midst of COVID-19, despite the social and political unrest with their harmful impacts on my work and family connections, I found the strength, resources, and healing I needed, including for deep childhood wounds, to keep going. While I'm no longer in my dark valley of despair right now, I continue to proactively seek refuge and support from CCPC as a mother, wife, and leader at the University of Utah."

ANONYMOUS CLIENT

"I really think that the **CCPC** Counseling and Wellness Center saved my career. I am so thankful for the multiple practical tools that the counseling center shared to help me reach concrete goals and get back to work sooner and healthier than I thought was possible. I'm incredibly grateful."

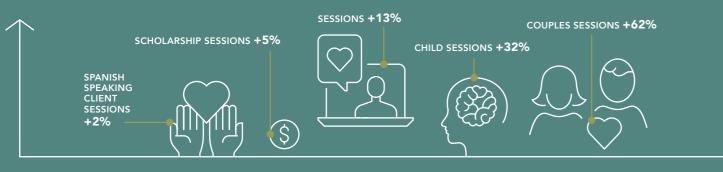
ANONYMOUS CLIENT

Counseling changes lives! Scan here to hear more testimonies of therapies like **ART and Neurofeedback:**





Counseling stats from October 1, 2021 through September 30, 2022



Hunger and Food Insecurity

By the numbers

Park City Pantry

10,057 Households served 6,156 Children served

Heber Pantry

4,057 Households served 6,596 Children served

Mobile Food Pantries:

2,210 Snack bags per month delivered to schools in Summit and Wasatch counties during the school year



Operation Hope

Operation Hope spreads the hope and joy of Christmas to families who need a little help covering holiday expenses. Generous supporters make this program possible by donating toys, gift card funding, and volunteer time! A partnership with the Wasatch Community Foundation provides holiday meal bags for Wasatch County families, and a family-based initiative in Park City provides deliveries of hot meals to families in Summit and Wasatch Counties. What an amazing show of community!

In 2021, Operation Hope helped 789 children in Summit County, 1,002 children in Wasatch County, and 58 children from the Goshute tribe. In 2022 we expect to serve 20% more local families, based on 2022 program participation data.

THE EFFECTS OF INFLATION

No one is immune to the effects of inflation. Our pantries have had a 22% increase in individuals using our pantries and a decrease of 13% in food donations in 2022 as families feel the squeeze of rising grocery costs and other costs of living.



"This was my first year with Operation Hope. I was very surprised with the extra gift cards and the bags of food my boys received. Thank you so much for making their Christmas much better than it would have been!"

Scan here for details on this year's Operation Hope



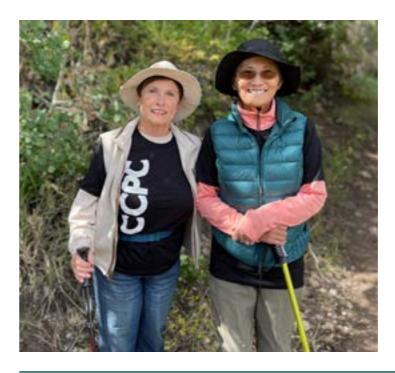












OUR MISSION

Meeting people at their point of need as an expression of God's love.







Volunteer Profile

The Wozniak Family

Together Char and Nicole have worked 1,809 hours in our Park City Pantry

Char and Nicole volunteer together every Tuesday afternoon and have been a part of the pantry team for 8 years! Char's husband Paul has recently joined the volunteer shift and is learning the pantry tasks alongside his wife and daughter.

How long have you lived in Park City? 16 Years

How did you get hooked on volunteering at the Christian Center?

Nicole: I think it was a way that you (speaking to Char) saw that you could give your time in the community, as you could stop in, have a task, complete it weekly and be good at it, and I think you thrive in an environment like that. Char: I do! I love the fact that we can interact and see the direct fruits of our labor with the people coming in and leaving.

What do you like most about volunteering at the Christian Center?

Nicole: I like being able to organize things for 3 hours, just coming in and having a task, truly, and being able to complete it.

Char: And trying to create a good experience by that organization so that people can come in and shop in a way that they would in a grocery store. In years past, we would just provide a basket of things and say, "this is what you get," whether they wanted it or not, so we've come a long way to offer that shopping experience.



Nicole: AND hanging out with (Pantry Manager) Jaime!

How has volunteering together impacted your relationship?

Nicole: I think getting to spend quality time with my mom, even if we're doing different things in the pantry, has been really important to me because I feel like it's a way for us to do something that we're both enjoying - because there aren't many things we both enjoy doing at the same time.

Char: It's a common bonding thing for sure. Nicole: There's been lots of laughs. Char: Yeah, in general I'd say that's been the happiest thing - getting to work together.

Thank you, Wozniak family, for your hard work and support!

Join our volunteer team! Scan here to fill out our volunteer application:



Native American/Indigenous Outreach

Goshute Tribe Initiative

METALS REMOVAL PROJECT

10 tons! That is how much scrap metal was removed from the "no dumping" site on the Goshute tribal reservation in western Utah this past year. This was such a great accomplishment and something the tribe had been wanting to clean up for a long time, because the potential for contamination threatened their water source. We are grateful for the help of tribal members, CCPC staff, and volunteers who worked in the hot desert sun for two days to make this happen. We'd also like to thank and recognize American Express and Ally Bank for their ongoing financial support of this outreach.



Summit County: 746 students served Wasatch County: 710 students served Goshutes (Ibapah Elementary School): 44 students served TOTAL: 1,500

Back 2 School Basics served 20% more students this year than last year! We are so grateful to all who donated to support local families!

"I have adopted my 7 grandchildren and without this program, they would not have the basic items to prepare them for school." WASATCH COUNTY GRANDPARENT



Back to School Basics

Investing in Hope

HOW TO DONATE: THREE EASY WAYS TO GIVE



Send a check in the mail to our mailing address: Christian Center of Park City (CCPC) PO Box #683480 Park City, UT 84068



Give by going on our website and clicking on "Donate" or donate here:





Make a stock gift directly to CCPC. Call our Director of Finance at #435-649-2260 to walk you through this brief process.

Thank you for helping us serve this community!

