



Meeting people at their point of need

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MESSAGE FROM THE EXECUTIVE DIRECTOR

Meeting Needs and Building Community, Together.



"Cancelled", "shut-down", "pandemic", "COVID-19", "protests", and "racial equity" are all phrases and words that have become a part of daily life these last several months. When I think of CCPC and our team's response to all that has happened this year, I think of words like: "resilient", "nimble", "compassionate", "relentless", and "sacrificial". I have never been more proud of our staff than I have been this year. First for their response in the

face of adversity, and secondly for the incredible impact our organization has had on our entire region this year, which is a direct result of the actions and attitudes of our staff, donors, and volunteers.

During the entire COVID-19 crisis we never shut our doors. We kept our food pantry open, moved our Basic Needs Assistance program online, and continued offering critical mental health counseling to those in need. So far this year, we have given nearly \$1 Million in rent assistance and served thousands with food. Mental health counseling sessions increased by 40% during COVID-19, and the need for counseling scholarships increased by 85%. Additionally, our Counseling Center's APRN saw a 150% increase in new patients over the last few months, again highlighting our community's need for advanced mental health care.

Our ability to respond during crisis reflected the remarkable character of our staff, but it would not have been possible without the astounding generosity our community demonstrated. Neighbors, friends, families, and organizations came together to make sure no one fell through the cracks during this crisis. Perhaps this year more than ever, CCPC's mission to "meet people at their point of need as an expression of God's love" was lived out by our entire community.

One of my favorite quotes by Mother Theresa is:

"What is important is not how much we do, but how much love we put into doing it. Not all of us can do great things, but we can do small things with great love."

As I reflect on this year so far, our 20th anniversary year, I marvel how the Christian Center team has been able to do great things with great love, in the face of great adversity.

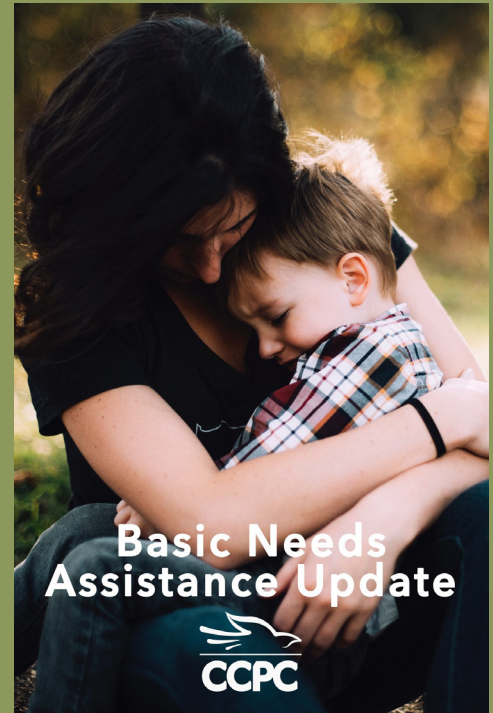
Thank you for partnering with us and investing in us as we together seek to continue:

Rob

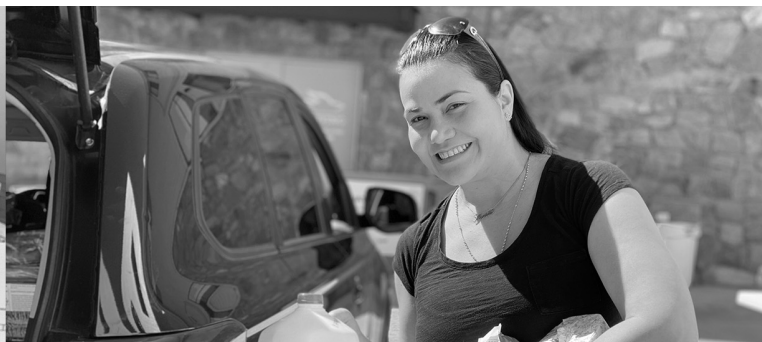
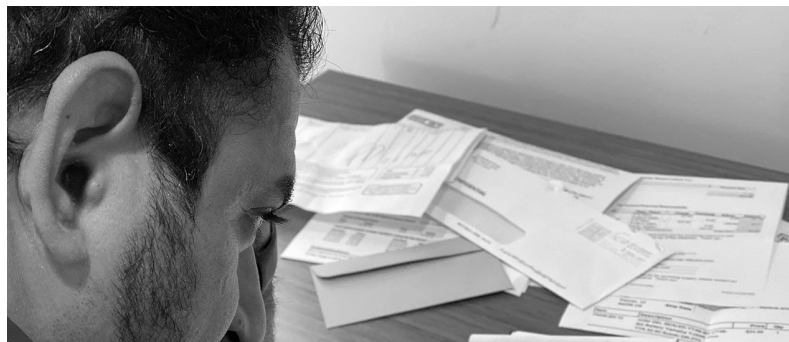
DR. ROB HARTER

Executive Director

CCPC | rob@ccofpc.org



Basic Needs Assistance



"I lost my job when the resort closed. Thank you for helping us. We don't have anyone else."

"I'm a single mom with two kids and I lost my job due to the virus. Thank you for all your help! A big hug and blessings to you!"

"I'm looking for another job, but the situation is getting harder. Thank you from the bottom of our hearts for all you're doing for our family and community!"

"Muchas gracias...al centro Cristiano por su ayuda muy valiosa...Muy agradecido por todo."

Translated: "Thank you very much...to the Christian center for your very valuable help... Very grateful for everything."

Thanks so much to the Christian Center for being such a critical instrument in our community in this time."

Matt had received rent assistance from the Christian Center's Basic Needs program. Through his interactions with the staff, he learned about the counseling department. One afternoon he found himself in tears seeking help for his son who had just been admitted to a psychiatric hospital. Being a refugee, he didn't know how to navigate this and lacked understanding about what his rights were as a parent. Through working with a therapist, he was able to connect with our case manager and have people to help him process his stress and provide guidance on how to get connected with long-term services for his son. Throughout the process, he continued to share how once things had settled in his personal life, he desires to volunteer at the Christian Center to give back.

The need for a safety net to address housing insecurity has never been greater. Our two county region was hit hard by COVID-19, leaving many in the LatinX community especially vulnerable to housing insecurity. As a result, one of our core programs, Basic Needs Assistance, was needed more than ever. Roughly 1,400 unique households applied for assistance during this time.

Thanks to an amazingly generous response from our community, we received over \$1,000,000 in financial support dedicated to our Basic Needs Assistance, which was distributed in the form of 2,255 checks for \$907,834 in assistance. Nearly 90% of this assistance has gone to rent assistance, while the rest went to utility bills, car repairs and medical bills.

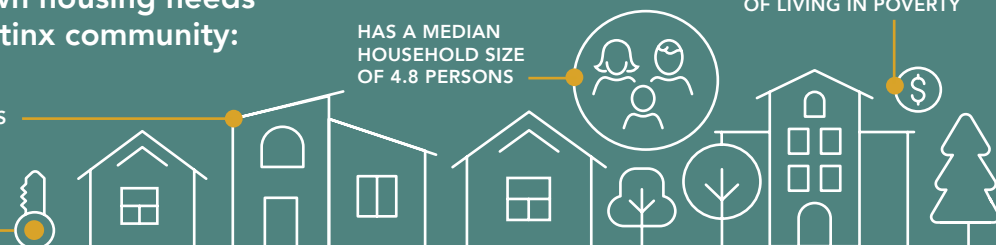
According to Park City's own housing needs assessment in 2016, the Latinx community:

MAKES UP 1 IN EVERY 8 HOUSEHOLDS

HAS A 90% CHANCE OF RENTING

HAS A MEDIAN HOUSEHOLD SIZE OF 4.8 PERSONS

HAS A 50% CHANCE OF LIVING IN POVERTY



Mental Health Counseling and Wellness Services

"Once the ski shop closed down, I didn't really know what to do with my time and started to drink."

It was a really dark period and brought up a lot of memories from my past. Usually, I would go skiing or biking to manage but things were closed so I just watched TV. I was so grateful that the counseling department was willing to see people in person so I could connect face to face. Through therapy, my drinking is starting to decrease and I'm developing new skills to manage my thoughts and emotions. I was also able to get connected with medication management. It was a night and day difference. I had been taking the same medications for 10 years with a very brief annual check-in. Linsey was so

comprehensive when we meet, and she took 90 minutes to understand my situation.

I thought I was going to be fine with this COVID-19 thing since I like being alone, but this is something else. I have felt so alone and isolated. I relapsed because I was bored and depressed. I mean what else was I supposed to do, I'm alone and stuck inside. I'm so grateful that the Christian Center is providing scholarships and support during this time so I can work on my sobriety. I look forward to therapy every week just so I have someone to talk to and process with."

There is a growing list of serious mental health problems people are facing as a direct result of the pandemic: anxiety, depression, suicidal ideation, substance abuse, domestic violence. These mental health problems are not limited to one socioeconomic group, although the access to care is far more limited for those who are uninsured, unemployed, or in lower-paying jobs. Particularly, the Latinx community is disproportionately unable to access care for mental health counseling. Additionally, our counseling center is available for sessions in person or through virtual telehealth. Maybe instead say how our team has responded to these needs? If we list problems without listing our response it isn't as relevant or impactful. Maybe move the APRN sentence from the first page to here? Something like this: Our counselors have seen a huge increase in suicidal ideations in their clients, an increase in the need for ... In response to the mental health needs of the community our Counseling and Wellness Center has added 6 mental health specialists this year, for a total of fifteen staff. The Counseling Center is now able to offer a variety of specialties including medication management, EMDR therapy, child therapy, health coaching, Enneagram coaching, and case management.

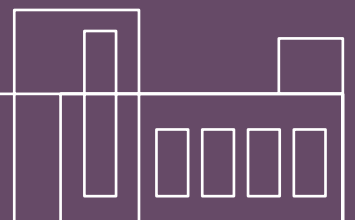
Year to date, CCPC's counseling and wellness team has given

722 SCHOLARSHIP SESSIONS AS A RESULT OF THE COVID-19 PANDEMIC, A 127% INCREASE OVER LAST YEAR

3,188 SESSIONS SINCE MARCH 15TH IN RESPONSE TO COVID-19 RELATED MENTAL HEALTH ISSUES, A 33% INCREASE



OUR MENTAL HEALTH COUNSELING SESSIONS INCREASED BY 40% DURING COVID19, AND OUR NEED FOR COUNSELING SCHOLARSHIPS INCREASED BY 85%.



Hunger and Food Insecurity

By the numbers

SERVED 9,878 HOUSEHOLDS
18,624 INDIVIDUALS

Food Distributed:

652,848 pounds of food
\$1,089,197 worth of food
543,511 meals



At the height of COVID-19 quarantine shutdown when grocery store shelves were empty and local unemployment reached 22%, our food pantry served over 1,000 individuals each week via a drive-through pantry model.

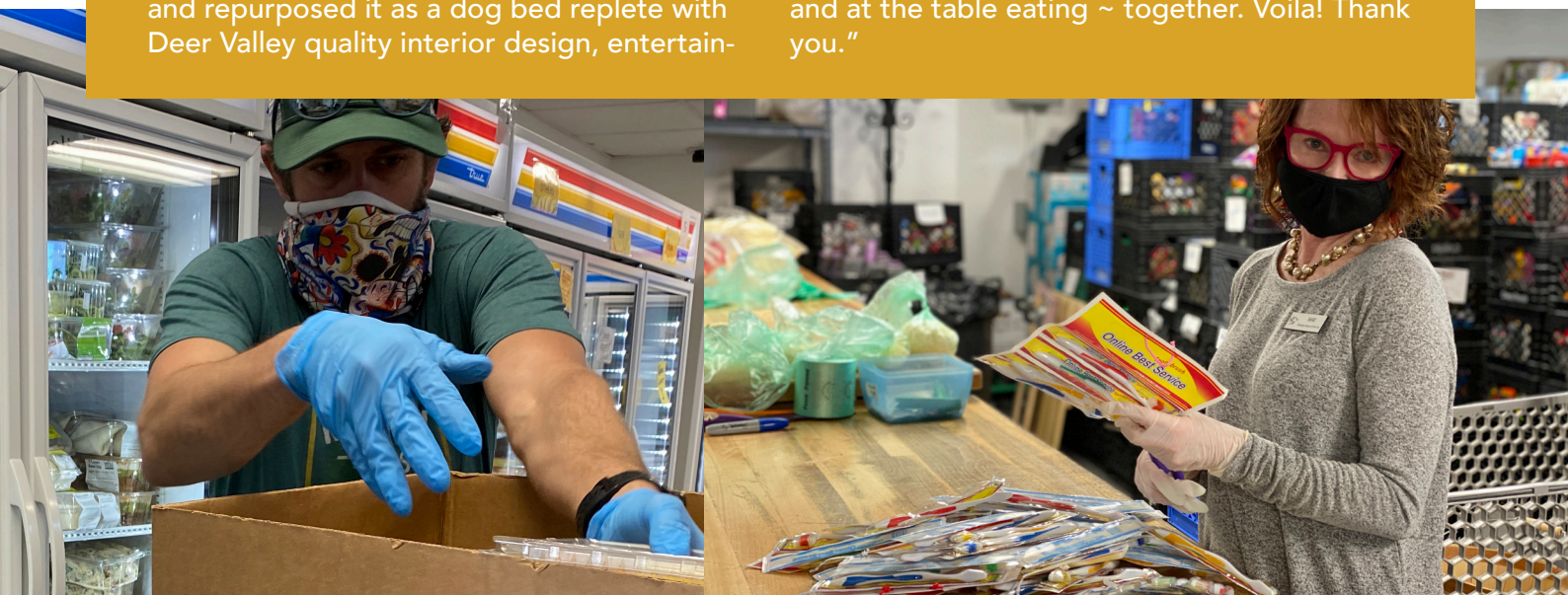
During that time it was not uncommon to see a line of cars stretched around the building waiting to receive food at our Park City campus. Our Heber campus also served many households during the height of the pandemic and adapted to meet the needs of Wasatch County residents.

Though many people have been able to return to work, there continues to be an elevated number of unemployed and under-employed in our community. Families are struggling with debt from reduced work hours and previous unemployment, and we see our food pantry as a critical service, providing nutrition and financial relief.

"You fed us, yes, but you also nourished us, nourished our souls."

My family and I picked up our boxes of food from the Christian Center after losing our jobs due to COVID19. We wish we could have been out of state with our elderly parents, but alas. Upon getting home the first blessing was revealed to us when my kiddos immediately started playing with the empty boxes. The older child used the empty milk crate to exercise in lieu of his cancelled sports and the younger child took scissors, tape and markers to a banana box and repurposed it as a dog bed replete with Deer Valley quality interior design, entertain-

ing himself in lieu of his cancelled school. My husband and I stood back and marveled at the bounty of food and realized we had luckily, randomly received the exact ingredients that make up Grandma's leg-endar-y meal which was the nostalgic favorite when I was growing up. That night I cooked the delicious, nutritious meal and took photos and sent the photos to Grandma and Grandpa of their grandkids sitting at the dining room table enjoying it. It was as though we were all to-gether in the kitchen, cooking and at the table eating ~ together. Voila! Thank you."



Volunteer Profiles



Luther Creed

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The Lorraine and Wally story. Tell the story. (Rob do you have this story and photo?) Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in repreh-



By the numbers: (Jan 1, 2020 - Aug 31, 2020)

6,127 VOLUNTEER HOURS

672 INDIVIDUAL VOLUNTEERS

9.11 HOURS = AVERAGE VOLUNTEER COMMITMENT PER MONTH



Gladys Anampa

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Native American/ Indigenous Outreach

Goshute Tribe Initiative

In addition to monthly food pantry trips to the Goshute Reservation in Ibapah, UT, we invite tribal members on two family friendly trips each year and typically hold a kids' sports camp on the reservation every summer. In spite of the impact of COVID-19 on planned gatherings and travel, we were still able to make three trips happen by implementing social distancing and mask-wearing, which led to a whole lot of outdoor fun!

In June, we met members of the tribe in Yellowstone for a camping and national park adventure. In August, a group of the tribe came to Park City for mountain biking and community building. In October, we helped to organize a large group from the Goshute Tribe and gathered at the

Grand Canyon to explore indigenous heritage and history.

A huge thank you goes out to American Express and Ally Bank for their longstanding and generous support of this initiative. Their support has allowed us to continue expanding our programs and services to the Confederated Tribes of the Goshute Reservation.

We also have been able to deliver much needed water and water tanks to Navajo communities in southwestern Utah, continuing a tradition that CCPC took part in nearly 20 years ago.



Back to School Basics

Despite the uncertainty surrounding school-reopenings, we knew children would still need new clothing and supplies to help set them up for success in learning. We were so glad we could provide this program again this year, even despite restrictions on crowd sizes. Modifications to the original event format included spreading the event out over several days, wearing masks and maintaining social distancing. Back 2 School Basics 2020 turned out to be our largest B2SB event ever! 856 kids were able to shop for back to school clothes and receive school supplies and backpacks. This program served children from Summit County, Wasatch County and the Goshute Tribe.

A special thanks goes out to: Westgate Park City Resort & Spa, Wasatch Community Foundation, Mountain Life Church, and Outlets Park City.

Award Winning Stores

Many people first get acquainted with CCPC through our donation drop off. Donated items are sorted and sent to our three stores where they are sold to generate funding for our out-reach programs and services. In Park City, we have both a Thrift and Boutique selling every-thing from kitchen goods to high-end clothing and accessories. In Heber, we have a Thrift store that sells everything from clothing to furniture of all shapes and sizes. When you shop at CCPC's stores you can enjoy a double bottom line: you save money while supporting our outreach programs and services.



Investing in Hope

HOW TO DONATE: THREE EASY WAYS TO GIVE



Send a check in the mail to our mailing address:

Christian Center of Park City (CCPC)
PO Box #683480
Park City, UT 84068



Give by going on our website and clicking on "Donate" or donate here: tinyurl.com/donateccpc



Make a stock gift directly to CCPC. Call our Director of Finance at #435-649-2260 to walk you through this brief process.

20th Anniversary Spotlight

On Jan. 1 2000, the Christian Center opened its doors at a 3,000 square foot space on Iron Horse Drive housing two classrooms, a bookstore, and a small counseling center.

In the past 20 years we have distributed well over 20 million dollars' worth of food, clothing and household goods to those in need in Summit and Wasatch counties. Our two food pantries, three stores, state of the art mental health Counseling and Wellness Center provide a safety net to people in our community, so that they can not only survive, but thrive. From the start, our vision has been to create a community where every person is met at their point of need.

As we look back over the past 20 years we recognize there is no way we could have done this on our own. We thank YOU, our amazingly generous community, for helping us improve the lives of people through meeting immediate needs! Because of your investment of time, mon-ey, and support, we have been able to provide a safety-net of services to our community.





Thank you

**ADDRESS LABEL
NAME**

ADDRESS LINE 1

ADDRESS LINE 2

CITY, STATE, ZIP
